**PRE-COMPETITIVE INFORMATION SHEET (from parent handbook)**

**PRE-COMPETITIVE - Hot Shots & Big Shots**

* The pre-competitive program is for 3-7 year olds.
* It is intended to increase the strength, flexibility and overall preparedness of athletes starting out in the sport of gymnastics. It also incorporates the teaching of basic gymnastics skills.
* All of the children in the Pre-comp programs will show advanced training ability and have the psychological motivation necessary for concentrated training.
* Pre-competitive in-house showcases are designed to be interactive and instructional for the athletes and a positive, fun introduction to competition for the beginner gymnast.
* Each athlete must attain specific skill pre-requisites before advancing to the next skill progression or competitive level. This method will ensure optimum technical performance and safety.

**Hot Shots: 3-5 Years Old**

* 4 hours per week (2 x 2 hours)
* Beginner developmental
* 2 in-house competitions in Jan/Feb and March/April (will confirm at a later date)

**Big Shots: 6-7 Years Old**

* 8 hours per week (1 x 3 hours, 2 x 2.5 hours)
* Continuation of the Hot Shots program with emphasis on perfection of basics
* 2 in-house competitions in Jan/Feb and March/April (will confirm at a later date)

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| TEAM | Registration Deposit | GO Insurance/ Program fee | Competition Fee Deposit | Monthly Tuition | LGA Booster Club Fee | Competition Leo (mandatory) | Comp track jacket  (optional) |
|  | Due  June (paid)  + August 9 | Due  Sept 15  (GO may change fees) | Due  TBD | Season  July 2021 –  June 2022 | Due Oct 18  (see BC Fact Sheet for details) | Due at sizing  (NEW leo this season) | Due at sizing  (If needed, same jacket) |
| Hot Shots | 100/120 | 55 | 100 | 248.33 | 25 | Approx. 100 | Approx. 100 |
| Big Shots | 100/120 | 55 | 100 | 299.00 | 25 | Approx. 100 | Approx. 100 |

* Monthly tuition fee (includes registration, membership, tuition, etc.)
* HST will be added to fees at time of processing
* Competition leo (short-sleeved leo) are mandatory for all pre-comp athletes and will be worn at in-house competitions
* LGA Booster Club Fee – See Booster Club Fact Sheet for more information

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